### Tuesday, May 22, 2012 - Workshop Session A

#### Workshop A1

## APPLYING GROUP TREATMENT APPROACHES TO DEVELOPMENTALLY DELAYED YOUTH WITH PROBLEMATIC SEXUAL BEHAVIORS

Intermediate/Adolescent

Presenters: Yeraz Mechian, MA, and Rhonda Donat, LCSW

Description: Participants in this workshop will learn to identify what elements are involved in making a conscientious decision related to the appropriateness of developmentally delayed youth for group placement. Additionally participants will gain knowledge of the group curriculum developed and piloted in the Juveniles Starting Over Program.

#### Workshop A2

## HOW CRIMINAL INVESTIGATION & CRIMINAL PROFILING CAN INFORM THE TREATMENT AND EVALUATION OF SERIAL SEXUAL OFFENDERS

*Intermediate & Advanced/Adult* Presenter: Chris Kunkle, Psy.D.

Description: Through the lens of an experienced forensic psychologist and expert in sex offender evaluation and treatment who has trained and practiced in the field of criminal investigation, this workshop will address how theory and research on criminal investigation, and the science of criminal profiling can be integrated into the treatment and evaluation of serial sexual offenders.

#### Workshop A3

# CIRCLES OF SUPPORT AND ACCOUNTABILITY: A NOVEL APPROACH TO MANAGING RISK TO THE COMMUNITY

All Levels/Adult, Adolescent, Policy Presenter: Robin J. Wilson, Ph.D.

Safety in the community continues to be a major factor in legislative attempts to manage the risk posed by persons who have sexually offended. Traditional law and order approaches have been criticized by researchers and clinicians as being too focused on punishment, with little attention to rehabilitation and restoration. Since 1994, Circles of Support and Accountability (COSA) has attempted to manage risk in the community by pairing high risk offenders with community volunteers. This unique approach has demonstrated significant reductions in reoffending, in comparison to matched comparison subjects. As a result, COSA has garnered favorable attention from several international jurisdictions, including Canada, UK, USA, the Netherlands, Latvia, and Australia and New Zealand. This presentation will describe the COSA model, outline the mechanics of running a Circle, and will review the empirical research underscoring its efficacy.

#### Workshop A4

### TREATING DENIERS AND RESISTANT CLIENTS

All Levels/Adult & Adolescent Presenter: David Prescott, LICSW

This workshop will include a review of the principles of motivational interviewing and the sexual offender treatment outcome literature, including studies of denial. Participants will learn and discuss key skills to enhance treatment motivation.

#### Workshop A5

## PRACTICAL APPROACHES FOR ENGAGING FAMILIES, ORGANIZATIONS AND COMMUNITIES

Introductory & Intermediate/Advocacy Presenter: Joan Tabachnick, MBA

Description: The Institute of Medicine proclaimed: "It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change." How then can treatment providers work with individual behavior change without examining the external forces that influence behaviors? By working with families, social networks and organizations, treatment providers have the opportunity to change some of those forces and introduce policies that will help your clients. This highly interactive workshop will focus on discussing and sharing practical tools that expand upon individual safety plans to consider family, organization and community policies for positive behavior change. Participants will have an opportunity to delve more deeply into the issues discussed earlier in the keynote presentation.

### Tuesday, May 22, 2012 – Workshop Session B

#### Workshop B1

### ADVENTURE-BASED LEARNING: THEORY & APPLICATION IN TREATING SEXUALLY ABUSIVE YOUTH

Introductory/Adolescent

Presenters: Dominic Cataldo, MLIR, Kayla Malloy, MA, MHC, Barbara Cannon, MA, LMHC, Alyce Malone, MSW, Kimberly Austin

This workshop will outline the benefits and "how-to" strategies of implementing adventure-based programming with sexually aggressive youth. Elements of theory, safety, and application will be addressed. Participants will also take part in several hands-on activities with trained facilitators.

#### Workshop B2

### THE PSYCHOPHARMACOLOGICAL TREATMENT OF PARAPHILIAS AND HYPERSEXUAL DISORDER

All Levels/Adult

Presenters: Richard Krueger, M.D. and Grace Lee, M.D.

This panel will present state-of the art information on the psychopharmacological treatment of individuals with paraphilias and/or hypersexuality. Dr. Krueger will present a detailed review of the biological and evidentiary basis for this treatment, reviewing relevant literature and evidence from animal and human studies. Dr. Lee will present the current state of treatment offered within the Sex Offender Management and Treatment Program of the New York State Office of Mental Health. Information on informed consent and algorhythms for treatment will be discussed. Illustrative cases will be presented. Following this review, there will be ample opportunity for questions.

#### Workshop B3

SENSIBLE COMMUNITY-BASED CASE MANAGEMENT: A CRITICAL REVIEW

All Levels/Adult, Policy

Presenter: Robin J. Wilson, Ph.D., ABPP

The past 25 years has been witness to an ever-growing intensity of interest in issues related to sexual violence. As the community has become more concerned about the risk posed to its most vulnerable members, government officials and policymakers have enacted legislation intended to "manage" the risk posed by offenders. However, researchers and clinicians have often questioned the empirical foundations of some of these measures, noting that there appears to be a disconnect between policy and practice. Indeed, it would appear that some well-intended legislation may actually make matters worse--by making it virtually impossible for some offenders to reintegrate in the community. In this presentation, we will critically review current policies and practices regarding community risk management of persons who sexually offender--with a focus on empirical findings and best practice models.

#### Workshop B4

### HEALTHY SEXUAL EXPRESSION: BENEFITS AND CHALLENGES OF TALKING ABOUT SEX WITH OUR CLIENTS

Advanced/Adult & Adolescent Presenter: Jane Fleishman, MS, MA

Talking about sex can be a challenge particularly in the context of clients with problem sexual behaviors. Bringing discussions of healthy sexuality to our clients necessitates candor and a comprehensive sexuality education approach. Education about healthy sexuality can bring about the development of positive, non-coercive, and beneficial sexual experiences for our clients.

#### Workshop B5

#### TRANSGENDERISM: GENDER VARIANCE AND THE LAW

Intermediate & Advanced/Adult, Legal

Presenters: Renee Sorrentino, M.D. and Daniel Reilly, M.D.

The prevalence of transgenderism is not known. The population of transgenderism in the prison system is even more poorly understood, despite data that suggest that transgender individuals are 2-3 times more likely to be incarcerated than the general population. This workshop will address the diagnostic framework of transgenderism, review the legal cases relevant to gender variance and conclude with a discussion of the ethical implications implicit in this population.

### Tuesday, May 22, 2012 - Workshop Session C

#### Workshop C1

# SPECIAL POPULATIONS OF SEX OFFENDERS: CLINICAL AND FORENSIC ASSESSMENT APPLICATIONS AND CONSIDERATIONS

Intermediate/Adult

Presenter: Laurie Guidry, Psy.D

Sexual offenders with co-morbid severe mental illness (MI), pervasive developmental disabilities (DD) and/or acquired brain injuries (ABI) present a number of unique challenges in the psychosexual assessment of their often complex clinical and risk management needs. This workshop will offer empirically-derived, pragmatic and practical guidelines for the forensic and clinical assessment of sex offenders with severe co-morbid concerns. Additionally, considerations of the human service systems' dilemma in attempting to serve this population will be offered.

#### Workshop C2

#### GOAL ATTAINMENT SCALING AND MEASURING IN-TREATMENT CHANGE

Intermediate & Advanced/Adult, Adolescent Presenter: Robin J. Wilson, Ph.D., ABPP

Traditional models of measuring treatment outcome have been marked by: 1. offer treatment, 2. wait a period of time, and 3. see how many people reoffended. However, these models require that a sufficient period of time passes before we can know the outcome of our efforts. Recent approaches to gauging treatment efficacy have focused on measures of in-treatment change. Goal Attainment Scaling (GAS) has been shown to be a useful protocol for measuring attendance to important therapeutic and rehabilitation goals while clients are still in treatment. This presentation will review the GAS approach, and will present data underscoring its utility in making course corrections during treatment.

#### Workshop C3

#### UTILIZING CHAPERONES IN SUPERVISING SEX OFFENDERS

Introductory/Adult, Policy, Vic. & Adv.

Presenters: Cynthia Craft, BA, Nancy Schmidt, LMSW, and Cynthia King, MPA

With approximately 34% of defendants convicted of sexual offenses in NYS being sentenced to probation supervision, agencies must begin to develop new strategies to assist them in monitoring offenders in the community. This workshop will illustrate the applicability for training chaperones in an effort to hold offenders accountable. Using Ulster County's Chaperone Program as a model, participants will be given the foundation to build similar programs in their area.

#### Workshop C4

#### FORENSIC IMPLICATIONS OF DSM-5

All Levels/Adult, Policy, Legal

Presenters: Richard Krueger, M.D., Meg Kaplan, Ph.D., and Michael First, Ph.D.

This panel will present differing perspectives on the forensic implications of the paraphilias and sexual disorders in DSM-5. Dr. Krueger, a member of the DSM-5 paraphilias subcommittee and a member of the World Health Organization's (WHO) Committee on Sexual Health and Sexual Disorder that is making recommendations for ICD-11, will present current recommendations for the diagnostic criteria for paraphilias and sexual disorders, along with his view of the forensic implication of the proposed modifications. Dr. First, the Editor of DSM-IV and DSM-IV-TR and a consultant to the WHO and a critic of many of the proposed changes in DSM-5 will present his views. Dr. Meg Kaplan, a consultant to DSM-5 and pronounced critique of the proposed changes will present her views. There will be ample opportunity for questions.

#### Workshop C5

# MULTI-FAMILY GROUP: ENGAGING AND COOPERATING WITH FAMILIES IN TREATING JUVENILE SEXUAL AGGRESSION

All Levels/Adolescent

Presenters: David A. Wallace, LCSW-R, Dina McManus, LCSW-R

This workshop will outline the benefits and "how-to" strategies of implementing a Multi-Family Group for sexually aggressive youth and their families. Elements of theory, application, confidentiality, and curriculum will be addressed.

### Wednesday, May 23, 2012 – Workshop Session D

#### Workshop D1

### I'M JUST A CHILD THERAPIST - I DON'T DEAL WITH SEXUAL BEHAVIOR ISSUES" RESPONDING TO SEXUAL BEHAVIOR PROBLEMS IN CHILDREN 12 AND UNDER

Introductory & Intermediate/Pre-Adolescent

Presenter: Brent Ewell, LCSW-R

This workshop is intended for clinicians who work with children and families, including those specializing in treating sexual aggression as well as more generic mental health treatment providers, and for agency case managers and case workers who deal with pre-adolescent children and their families. It will provide an introductory to intermediate level overview regarding response to sexual behavior problems in pre-adolescent children, including assessment and treatment intervention.

#### Workshop D2

#### OBJECTION! HELPFUL TESTIFYING TIPS FOR FACT AND EXPERT WITNESSES

Introductory & Intermediate/Legal

Presenters: Shannon Sarfoh, Esq. and Brett Knowles, Esq.

Professionals working in the sex offender management field find themselves testifying routinely in court. Often times the professional is testifying as a fact witness, but other times that same witness could be called to a court to offer their professional expert opinion. Testifying in court does not have to be anxiety provoking. The purpose of the workshop is to help guide the professional in preparing for their court appearance, whether they are a fact witness or an expert witness. The workshop attendees will learn (a) the difference between fact witnesses and expert witnesses, (b) the scope of expert opinion evidence in both federal and state court, (c) how to communicate and work with the attorney calling them as a witness, (d) what documents must be provided for purposes of discovery, (e) how to prepare for direct examination, (f) how to prepare for cross examination, and (g) how to come across as confident and credible.

#### Workshop D3

# INTELLECTUAL DISABILITY AND PROBLEMS IN SEXUAL BEHAVIOR: ASSESSMENT, TREATMENT, & PROMOTION OF HEALTHY SEXUALITY

All Levels/Adult & Adolescent

Presenter: Robin J. Wilson, Ph.D., ABPP

Persons with intellectual disabilities and sexual behavior problems are among the most poorly served of all persons who engage in sexually abusive behavior. Traditional approaches have been to simply apply models designed for non-intellectually disabled persons to those with intellectual disabilities. We now know this to be an unwise endeavor. Recent endeavors have sought to design measures and program curricula specifically for this population. In this presentation, we will review some of the important myths and realities of persons with intellectual disabilities and sexual behavior problems, focusing on sensible, thoughtful, and humane approaches to this vulnerable population.

#### Workshop D4

# INTEGRATING A GOOD LIVES MODEL APPROACH TO COGNITIVE BEHAVIORAL TREATMENT OF SEXUAL OFFENDERS

Intermediate/Adult

Presenter: Elizabeth L. Jeglic, Ph.D

Cognitive Behavioral Therapy (CBT) techniques are effective tools for realizing behavior change and promoting prosocial behavior among sex offenders. Traditionally CBT has been used to treat sex offenders within relapse prevention (RP) or a Risk-Needs-Responsivity (RNR) framework, however recently the Good Lives Model (GLM) has been developed as an alternate model of sex offender rehabilitation. Using case illustrations, this workshop will provide an overview of incorporating a GLM framework into CBT with sex offenders.

#### Workshop D5

### THE APPLICATION OF EVIDENCE BASED PRACTICES WITH SEXUAL ABUSERS: THE INDIANA SOMM MODEL

Advanced/Adult

Presenters: Adam Deming, Psy.D., Jerry Jennings, Ph.D., Hal Smith, MPS

This workshop will provide information regarding the use of evidence based practices (EBP's) in the assessment, treatment, and supervision of sexual abusers. The Indiana Sex Offender Management and Monitoring (INSOMM) Program, currently in use and demonstrating excellent outcomes, will be provided as a model program. Examples of implementation practices and program development will allow participants to leave this session with information and strategies that they can use to apply ESP's within their own programs.

### Wednesday, May 23, 2012 – Workshop Session E

#### Workshop E1

### HOW TO IMPLEMENT A STRENGTH-BASED TREATMENT APPROACH WITH YOUTH WITH SEXUAL BEHAVIOR PROBLEMS

All Levels/Adolescents

Presenters: Callen Fishman, Psy.D. and Marcy Ryan, LCSW

This workshop will teach participants how to use a holistic, strength-based treatment approach with juveniles who engage in sexually harmful behavior. Participants will learn about how St. Anne Institute has been working to revamp their Juvenile Sex Offender Program. This will include information on an on-going research project designed to evaluate the extent to which a competency-based treatment approach reduces client's estimated level of risk for future harmful behavior.

#### Workshop E2

### JOB READINESS PROGRAMMING FOR SPECIALIZED CONVICTIONS - SEX OFFENDERS All Levels/Adult

Presenters: Nancy Schmidt, LMSW, Christopher Farrell, LCSW-R, and Mark Pisano

This training provides information on the critical role employment plays in recidivism and possible formats on setting up and conducting job readiness groups. This program has been developed to address the barriers that Sex Offender's encounter when attempting to obtain and retain employment. This program will also address employer expectations and employment of Sex Offenders. The program also addresses issues of community safety. In addition, this workshop will present Information regarding the National Institute of Correction's Offender Workforce Development Specialist Training.

#### Workshop E3

## DRILLING DOWN: IMPORTANT AND (APPARENTLY) OVERLOOKED ASPECTS OF RNR BY ADVOCATES OF GLM

All Levels/Adult

Presenter: Steve Wormith, BA, MA, Ph.D.

This workshop will describe the principles of risk-need-responsivity in some detail and describe how they apply to the treatment of offenders. This will include a review of the collateral principles that supplement the basic RNR model. These are frequently overlooked or misunderstood aspects of RNR-based interventions. Many of these RNR details have parallels in the GLM approach and will be discussed accordingly. Particular attention will be given to "the forgotten R," responsivity. The research basis for RNR and GLM will be considered, particularly the meta-analytic evidence. Recommendations will be made accordingly for working with sexual offenders.

#### Workshop E4

# A PRIMER ON MEASURING DYNAMIC RISK POTENTIAL USING THE STABLE-2007 AND ACUTE-2007

Introductory & Intermediate/Adult

Presenter: Robin J. Wilson, Ph.D., ABPP

Since the mid-1990s, risk assessment of persons who sexually offend has been greatly aided by the innovation of actuarial risk prediction tools (e.g., Static-99, MnSOST-R, SORAG). However, many of these scales focus solely or inordinately on static (i.e., unchangeable) factors, to the exclusion of day-to-day indicators of risk. As part of the Dynamic Supervision Protocol, the Stable-2007 and Acute-2007 measure risk from a dynamic (i.e., changeable) perspective. In this presentation, we will identify the key dynamic domains to consider when attempting to manage risk in the here and now. This will be primer on the use of these two instruments, and not a certification training.

#### Workshop E5

#### PENILE PLETHYSMOGRAPH TESTING: AN OVERVIEW

Intermediate & Advanced/Adult

Presenter: William A Kelly, LCSW-R and Paul Brew MA

This workshop is designed to provide therapists and community supervision officers with an overview of the using the Penile Plethysmograph (PPG) as an important treatment tool for adults convicted of sexual offenses.